

DISTRICT 5 FALL MEETING

SATURDAY SEPTEMBER 19, 2026

RICHMOND, VA

AGENDA

- 7:30AM - 8:00AM** **NETWORKING BREAKFAST**
SPECIALTY COFFEE FROM TRAVELIN' TOM'S COFFEE TRUCK
- 8:00AM - 8:20AM** **INTRODUCTION AND VANA UPDATE**
ADRIENNE WASS, DNP, CRNA, DISTRICT 5 DIRECTOR
- 8:20AM - 8:40AM** **THE EFFICACY OF POINT-OF-CARE ULTRASOUND VERSUS TRADITIONAL SCREENING METHODS AS RELIABLE PREDICTORS OF DIFFICULT AIRWAYS IN ANESTHESIA**
TYLER CORNETT, BSN, CCRN-CMC, SRNA
- 8:40AM - 9:00AM** **COMPARATIVE REVIEW ON THE EFFECT OF VASOPRESSOR BOLUSES IN ELECTIVE CESAREAN SECTIONS**
HSAIO LAN MEI, SRNA
- 9:00AM - 9:15AM** **BREAK**
SPECIALTY COFFEE FROM TRAVELIN' TOM'S COFFEE TRUCK
- 9:15AM - 9:55AM** **RUN, HIDE, FIGHT: ACTIVE SHOOTER IN THE OR**
LINDSAY QUIRK, DNAP, CRNA
- 9:55AM - 10:15AM** **LABOR ANALGESIA: WHEN NEURAXIAL ISN'T AN OPTION**
CLARA KWON, SRNA
- 10:15AM - 10:35AM** **IMPLEMENTATION OF CRITICAL INCIDENT STRESS MANAGEMENT PRE-CRISIS INTERVENTIONS FOR PREVENTION/MITIGATION OF FUTURE SECOND VICTIM PHENOMENON IN NURSE ANESTHESIA TRAINING**
KERRYANNE WINTERS, BSN, RN, SRNA
- 10:35AM - 10:55AM** **SAFEGUARDING SYNAPSES: EMERGING STRATEGIES FOR NEUROPROTECTION IN PEDIATRIC ANESTHESIA**
KIARA KOBER, BSN, CCRN, SRNA
- 10:55AM - 11:10AM** **BREAK**
- 11:10AM - 11:30AM** **ASSESSING THE PREDICTIVE POWER OF POCUS IN PREVENTING POST-INDUCTION HYPOTENSION**
LUKE WELGOSS, BSN, RN
- 11:30AM - 11:50AM** **THE PHYSIOLOGIC EFFECTS OF ENDS AND THEIR ANESTHETIC IMPLICATIONS**
SIRI HARALDSTED, RN, BSN
- 11:50AM - 12:30PM** **MANAGEMENT OF POSTOPERATIVE NAUSEA AND VOMITING: UPDATED EVIDENCE SUMMARY**
MARK WALKER, DNAP, CRNA