



# District 5 Fall Meeting

SATURDAY, AUGUST 30, 2025

- 7:15 - 8:00**      **BREAKFAST AND REGISTRATION**
- 8:00 - 8:20**      **INTRODUCTION AND VANA UPDATE**  
*ADRIENNE WASS, DNP, CRNA, DISTRICT 5 DIRECTOR*
- 8:20 - 8:40**      **EMERGENCY CHECKLISTS FOR HIGH-RISK, LOW-FREQUENCY  
EVENTS IN ANESTHESIA**  
*PARISA BOND, BSN, RN*
- 8:40 - 9:00**      **EVALUATING THE IMPACT OF ERECTOR SPINAE PLANE BLOCKS ON  
POSTOPERATIVE OUTCOMES IN THORACIC ANESTHESIA: A  
LITERATURE REVIEW**  
*JULIA MARIGA, RN, BSN, SRNA*
- 9:00 - 9:15**      **BREAK**
- 9:15 - 10:15**      **PREPARING FOR THE FUTURE: AI LITERACY FOR NURSE ANESTHESIA  
PROFESSIONALS**  
*JIALE HU, PHD, RN, FAAN*
- 10:15 - 10:35**      **EFFECTIVENESS OF COMPLEMENTARY & NON-PHARMACOLOGICAL  
INTERVENTIONS IN REDUCING PERI-OPERATIVE ANXIETY & PAIN**  
*ALLYSON MANUYAG, SRNA, BSN, RN, CCRN-CSC-CMC*
- 10:35 - 10:55**      **LITERATURE REVIEW OF OPIOID-FREE ANESTHESIA: BENEFITS AND  
TECHNIQUES**  
*PAIGE TANDLER, BSN, RN, SRNA*
- 10:55 - 11:15**      **ANCIENT HISTORY? EVALUATING THE USE OF MIDLINE CATHETERS IN  
PLACE OF CENTRAL VENOUS CATHETERS IN THE PERIOPERATIVE SETTING**  
*JUSTIN KIM, SRNA, AGACNP-BC*
- 11:15 - 11:30**      **BREAK**
- 11:30 - 11:50**      **BEYOND THE SCALPEL: HARNESSING PHOTOBIMODULATION FOR  
SURGICAL PAIN AND RECOVERY**  
*ISABEL KOLENCHERRY, MSN, RN, SRNA*
- 11:50 - 12:30**      **BALANCING ACT: PERIOPERATIVE ANTITHROMBOTIC MANAGEMENT**  
*NICKIE DAMICO, PHD, CRNA, FAANA*
- 12:30 - 12:35**      **CLOSING REMARKS**