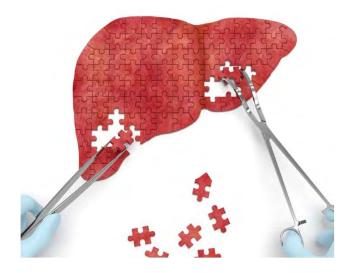


Anesthetic Considerations and Challenges for Orthotopic Liver Transplantation

DANIELLE M. LION, DNP, APN, CRNA UNIVERSITY HOSPITAL, NEWARK NJ

Learning Objectives

- 1. Identify key preoperative considerations for liver transplant candidates.
- 2. Appreciate the anesthetic challenges and goals unique to each surgical phase of liver transplantation.
- 3. Utilize hemodynamic monitoring devices to optimize volume resuscitation, cardiac output and end-organ perfusion.
- 4. Anticipate and respond to hemodynamic changes and metabolic disturbances.
- Discuss transfusion strategies and the role of point-of-care testing, such as TEG.
- 6. Recognize common complications and strategies to enhance care.
- Emphasize the importance of effective communication and multidisciplinary collaboration during liver transplant cases.



Dedication & Thanks

My Patients

Mrs. Elizabeth Coral & Family

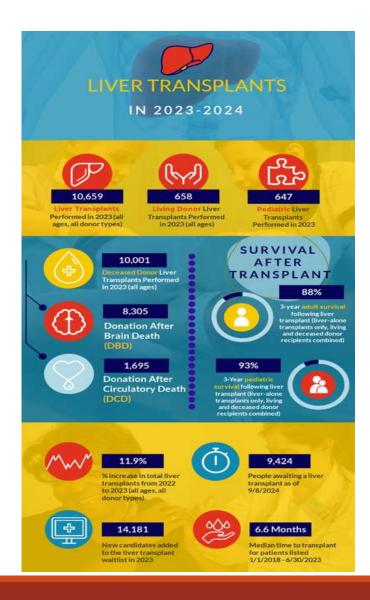




Our Dedicated Liver Transplant Anesthesia team (my mentors) & our Surgical Transplant Team

- Drs. Gubenko, Botea, Eloy & Chaudhry (top R→L)
- Drs. Lee Riddle, Amin, Guarrara, Paterno & Lunsford (bottom R→L)

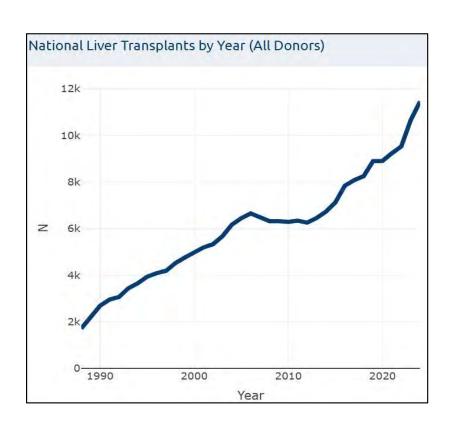


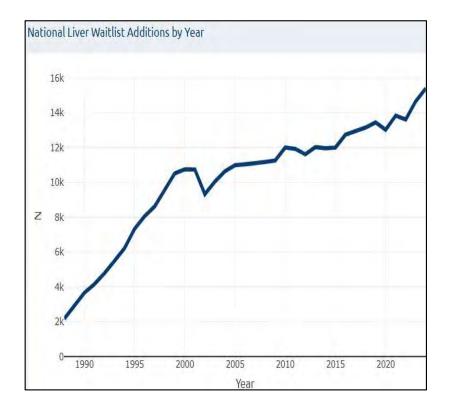


Liver Transplant Statistics

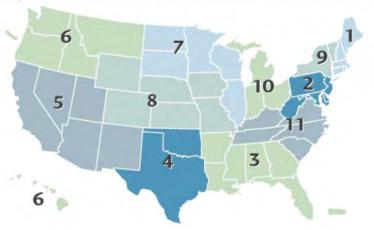
- OLT is the only definitive treatment for irreversible acute or chronic ESLD
- Liver grafts obtained from living & cadaver donors
 - After brain death (DBD), or after circulatory death (DCD)
- Survival rates post-transplant ↑'d dramatically in recent years
 - 1 year: 88-91.8%
 - 3 year: 83-88%
 - 5 year: 76.1%
- >10,000 liver transplants in the US in 2023-2024
- Nearly 10,000 candidates remain on the waitlist
- Wait time: 3 month (40%), 6 month (46%), 1 year (55%)
- Pre-transplant mortality = 12%
- 1 in 4 patients will die or become too sick for transplant

The United Network of Organ Sharing (UNOS) National Data

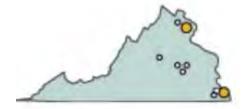




Region 11: Kentucky, North Carolina, South Carolina, Tennessee, Virginia



Virginia Organ Waitlist	
by MELD Score	Liver
All Types	273
Not Applicable	0
Liver Status 7 (Inactive)	37
Liver MELD / PELD <15	107
Liver MELD / PELD 15-19	73
Liver MELD / PELD 20-24	43
Liver MELD / PELD 25-29	8
Liver MELD / PELD 30-34	2
Liver MELD / PELD 35+	3





Virginia

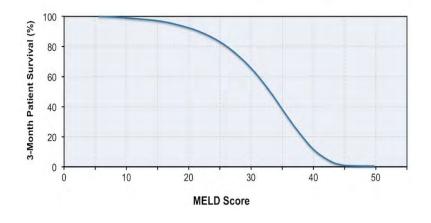
Active OPOs

o Active TXCs 7

Liver Transplants in VA (2019-2024)	2024	2023	2022	2021	2020	2019
All Centers	269	288	253	246	214	197
VAMC-TX1 VCU Health System Authority, VCUMC	189	205	168	164	135	87
VAUV-TX1 University of Virginia Health Sciences Center	80	83	85	82	79	110

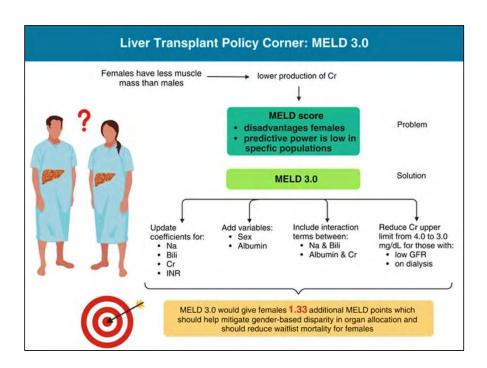
3-month mortality, %	MELD score			
1.9 - 3.7	< 9			
6 - 20	10 - 19			
19.6 - 45.5	20 - 29			
52.6 - 74.5	30 - 39			
71 - 100	> 40			

Estimated 3-Month Survival Based on MELD Score



Model for End Stage Liver Disease (MELD)-Na score

- Score to predict ESLD disease severity & survival
- Serum bilirubin, INR, creatinine & Na+
- Score range 6-40
- Avg National MELD at time of transplant = 33
- Exemption points to patients with intrinsic disease (i.e. HCC)
- Exception points = (avg MELD at transplant) 3
 - Ex: Patient with HCC: per labs, MELD score = 15
 - average MELD at transplant for center = 31
 - MELD exception points = (31-3) = 28
 - Patient listed with a MELD of 28 rather than 15

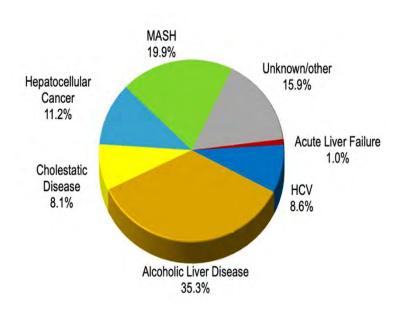


MELD Score Updates

- MELD originally adopted by UNOS for its accuracy & objectivity c/t Child-Pugh
- MELD disadvantages certain populations?
- MELD 3.0 (NEW in 2023):
 - Serum albumin & female sex added as variables
 - Caps creatinine at 3mg/dL
 - Uncaps MELD score to reflect disease severity
 & urgency for scores >40
 - Improves mortality risk stratification, organ allocation, equity & efficiency

(Mehta, et. al, 2023).

Common Indications & Current Patient Trends for Liver Transplantation





Recipient phenotype

- Older
- · Higher frailty status
- · More obesity
- Higher frequency of comorbidities (CVD, CKD)



Transplant indication

- · Less HCV
- More NAFLD
- · More alcohol
- Non-HCC oncologic indications



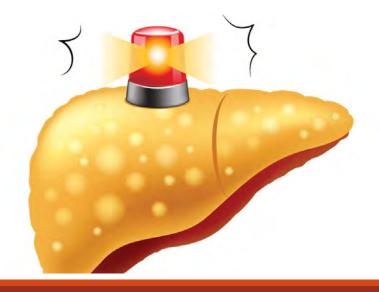
Disease severity

- · Higher acuity
- Higher MELD score
- More ACLF and AH
- Expanded HCC

Kwong, et al., 2024 Terrault, et al., 2023

Absolute Contraindications for OLT

- Severe cardiac or pulmonary disease
- Fulminant hepatic failure with ICP > 50 mm Hg
- Hepatocellular carcinoma with metastatic spread
- Pulmonary artery pressures >50mmHg
- Intrahepatic cholangiocarcinoma, hemangiosarcoma
- Extrahepatic malignancy
- Persistent noncompliance
- Uncontrolled sepsis
- AIDS
- Lack of adequate social support system
- Ongoing alcohol or illicit substance use (?)



Hepatic Anatomy

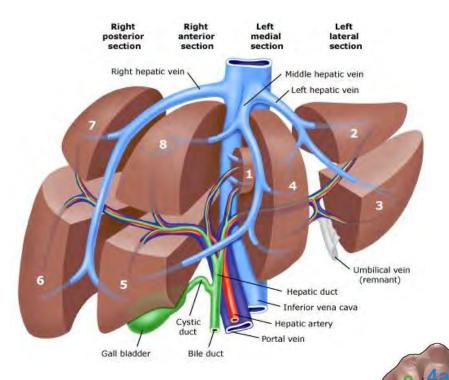
(Stammers, 2018)

Surgical Divisions (Couinaud's Classification)

- 8 functionally independent segments with distinct vascular inflow & biliary drainage
 - Right & left hemi-livers
 - 4 sectors (vertical planes of hepatic veins)
 - 8 segments (transverse bifurcation of portal vein)

Portal Triad

- Hepatic artery
- Portal vein
- Common hepatic duct

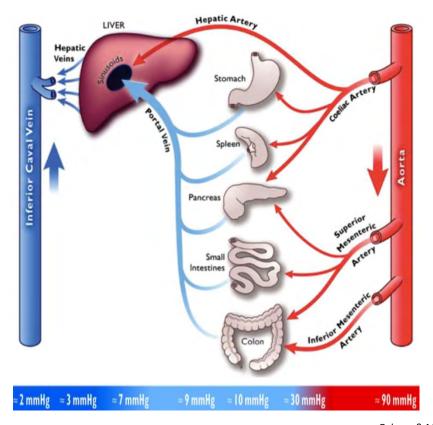


(Marcus, et. al., 2024)

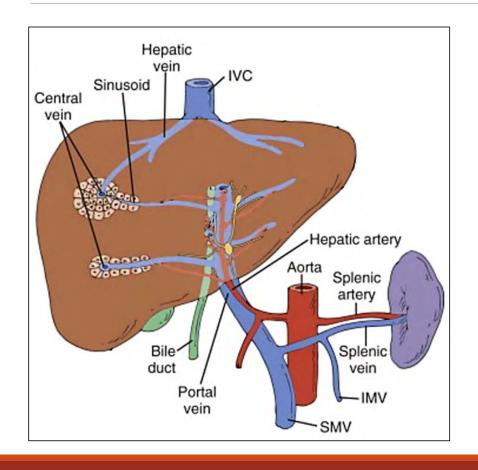
Hepatic Blood Flow

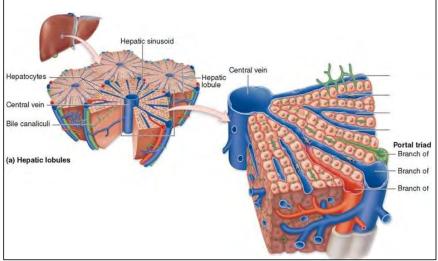
Hepatic Artery (HA)

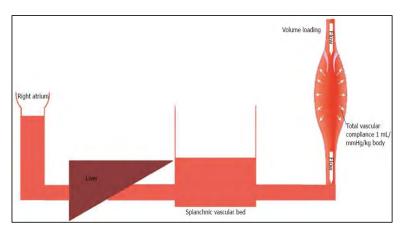
- 25% total hepatic blood flow
- Portal Vein (PV)
 - 75% total hepatic blood flow
 - Partial deoxygenated from digestive organs
 - Valveless
 - High flow, Low pressure/low resistance
 - Portal HTN → retrograde flow, varices & collateral vessel formation
 - HA & PV become smaller arterioles & venules before converging & emptying → sinusoids of the liver



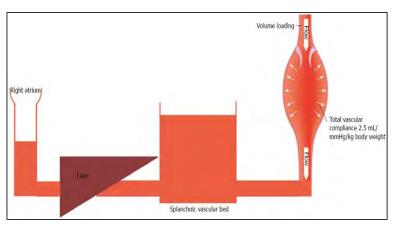
Hepatic Blood Flow







Fluid loading in a healthy patient (Mukhtar & Dabbos, 2016).



Fluid loading in a cirrhotic patient (Mukhtar & Dabbos, 2016).

Hepatic Blood Flow

Portal Venous Pressure

- Blood flow from splanchnic organs → portal vein
- Resistance to portal vein blood inflow or outflow

Pressure Gradients

- Venous systems relies on pressure gradients to move blood to maintain forward flow from splanchnic → systemic circulation
- ↑ Hepatic venous pressure gradient (HVPG) = Portal HTN

Hepatic Venous Compliance

- Pre-portal, portal & sinusoids = Venous capacitance vessels
- Contain only α -adrenergic receptors responsible for compliance of hepatic venules \rightarrow preload, CO & liver reservoir

Hepatic Blood Flow (HBF)

Hepatic Artery & Splanchnic arteries

- Flow determined by resistance from arterial tone
- α 1, α 2, β 2, minimal [vasopressin receptors, V1a]
- HBF: $\alpha 1 \downarrow$, $\beta 2 \uparrow$, V1a \downarrow /0?

Pre-Portal & Splanchnic arterioles

- Flow determined by resistance from splanchnic veins
- only α receptors (α1 & α2)
- HBF: α1 may ↑/↓/0

Portal Vein

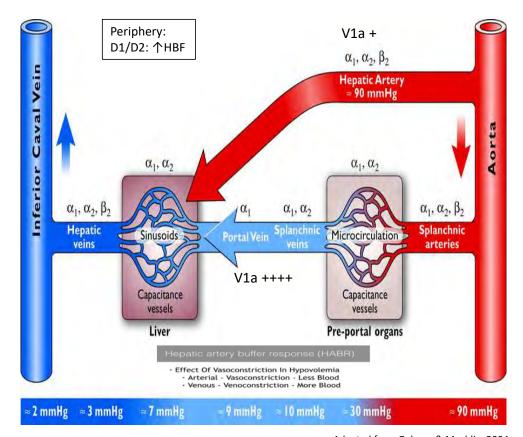
- Flow determined by pre-portal flow & liver resistance
- only α1, High [V1a]
- HBF: α 1 usually ψ , V1a ψ

Intrahepatic & Sinusoidal Flow

- Flow determined by portal flow and post-hepatic resistance
- only α receptors (α1 & α2), Low [V1a]
- HBF: α 1 usually ψ , V1a ψ (by up to 30%)

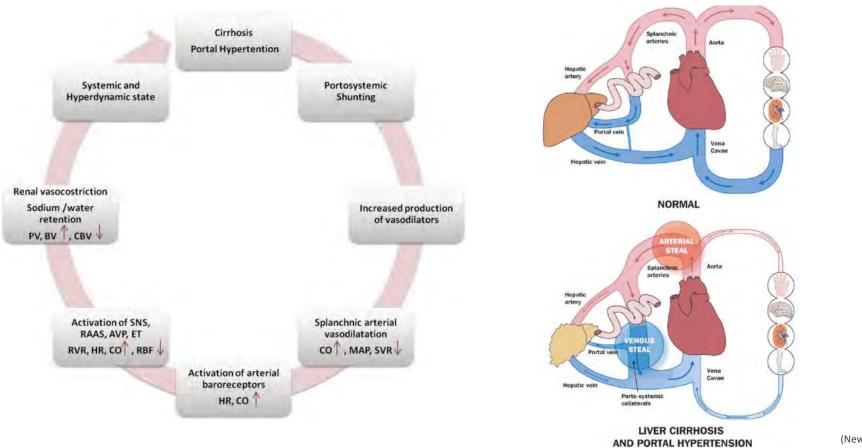
Hepatic Veins

- Little resistance to flow as IVC pressure normally low (CHF, PPV can ↑ resistance)
- **α**1, α2, β2
- HBF: $\alpha 1 \psi$ (decreases liver drainage)



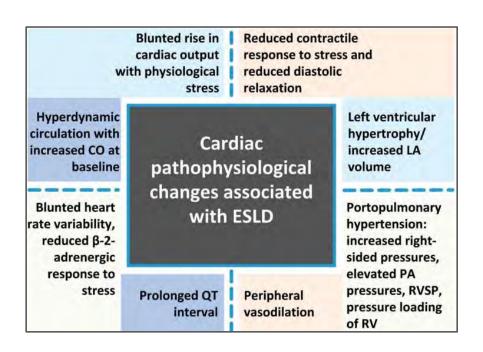
Adapted from Gelman & Mushlin, 2004

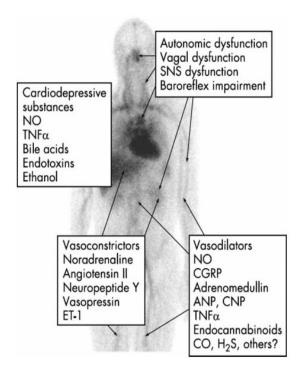
Hyperdynamic Circulatory Syndrome



(Newby & Hayes, 2002)

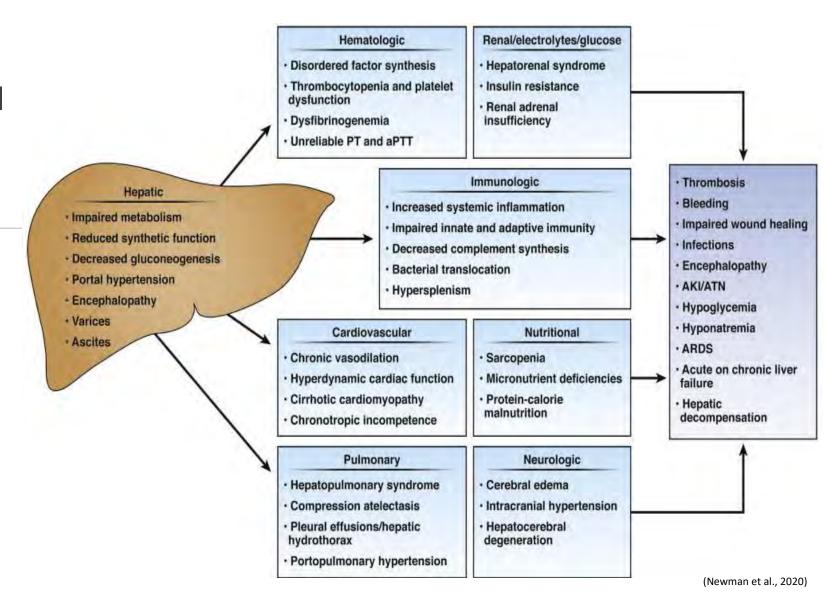
Clinical Features of Hyperdynamic Circulation





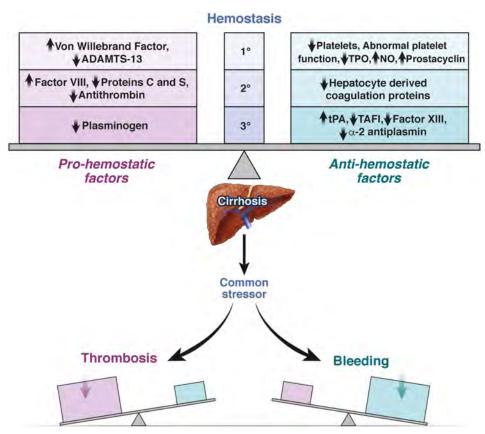
(Cekman & Uslu, 2024) (Henriksen & Møller, 2009)

Metabolic, Anatomic, and Physiological Changes in Cirrhosis

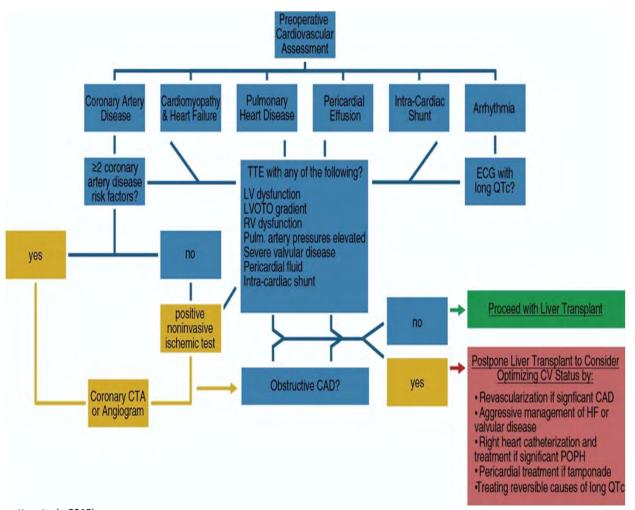


Coagulopathies

- A fragile equilibrium between prothrombotic and antithrombotic factors
- Patient equally susceptible to BOTH hemorrhage & thrombosis
- Risk of tipping towards either extreme depending on stressors
- Common stressors = surgery, AKI, invasive procedure, acute decompensation & infections)



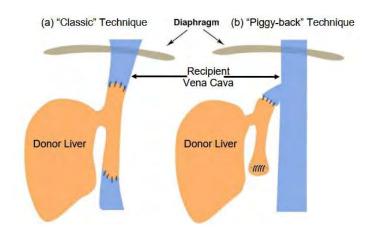
(Intagliata, et al., 2021)



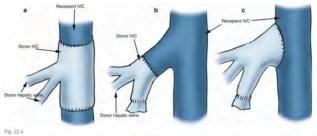
OLT Preoperative Assessment

- CBC, BMP, PT/PTT, INR, fibrinogen, liver enzymes, ABG
- TEG
- CXR
- Extensive cardiac work-up
 - EKG
 - TTE/TEE
 - Stress Echocardiography
 - PCI/revascularization (if indicated)
- Pre-op optimization & correction of all electrolyte abnormalities
- Pulmonary Function Tests/Spirometry, if indicated
- Treat active infections

(Rossetto, et. al., 2012)



(Deshpande & Chadha, 2018)



Types of venous/cayal anastemoses: (a) Intercaval connection – two anastomoses. (b) "Pigg/back" connection – one anastomoses at a single graff-recipien caval junction. (c) Cavoplasty connection – patch onto recipient IVC

(Radiology Key, 2016)

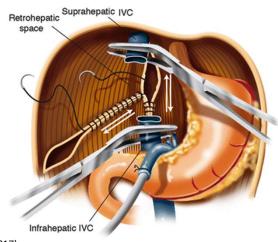
Surgical Technique: Conventional vs. Piggyback

Classic Caval ("Bicaval")

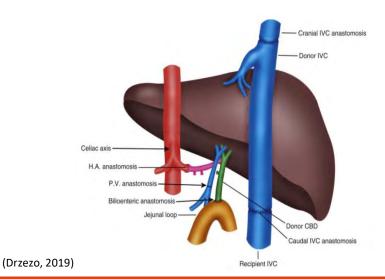
- Resection of recipient native liver + retrohepatic IVC
- Implantation of an interposed donor IVC + liver graft
- Requires full clamping of recipient suprahepatic & intrahepatic IVC

Piggyback Technique

- Most commonly technique
- Preserves recipient IVC
- Anastomosis of donor IVC → recipient hepatic veins
- Only partial caval clamp required, maintains some venous return
- \lor operating time, \lor transfusion, \lor veno-venous bypass
- ~13% cases converted to conventional/VVB



(Abdominal Key, 2017)



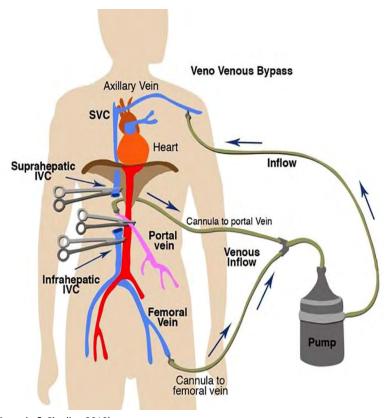
Conventional "Caval" Technique for OLT

- Used with or without veno-venous bypass
- Cross-clamping → drastic drop in preload (~50%)
 - Preload dependent on collateral circulation
- Profound hypotension during IVC clamp → need VVB to maintain preload
 - MAP $\sqrt{\text{by }}$ 30%, $\sqrt{\text{CI by }}$ 50% over 5 min
 - VVB Generally needed in higher MELD scores
- ↑ collaterals may require VVB to decompress portal circulation
- Only option for certain anatomical challenges

Disadvantages:

- ◆Blood loss, ↑ post-op AKI or dialysis need
- Thromboemobolic events
- ◆Anhepatic/warm ischemia time
- Right phrenic nerve paresis r/t supra-hepatic caval clamp --> paradoxical hemidiaphragm, difficulty extubating

Veno-Veno Bypass (VVB)



- FV & PV cannulated; blood pulled from systemic circulation
- Blood flows via heparin bonded tubing → centrifugal pump
- Blood returned to central circulation via axillary or IJ vein
- Blood flow dependent on volume & pump flows
- Volume load prior to clamping (hypovolemia/low flows → obstruction)
- Flows (~1.8-2L/min) = maintains low/norm CO
- No systemic heparinization required

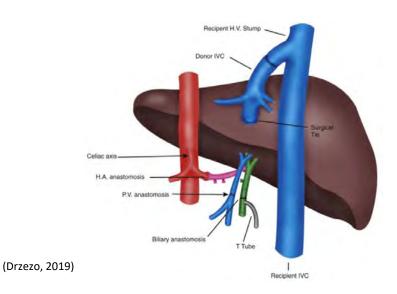
Advantages

- lacktriangledown Decompresses visceral organs, $oldsymbol{\psi}$ pulm edema
- Improved hemodynamics, renal & cerebral BF
- Dry surgical field

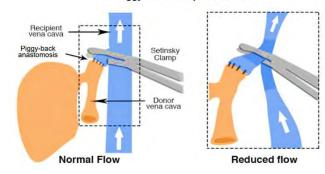
Disadvantages

- Requires large bore return access, perfusionist may take IV access
- ♠ Risk of VAE, thromboemboli, cerebral edema, hypothermia
- ↑ M&M, ↑ cost, No evidence of improved renal outcomes
- ↑ hemolysis, fibrinolysis & platelet activation
- Activation of pro-inflammatory cytokines worsen postreperfusion
- Contraindicated in highly thrombotic patients (Budd-Chiari, CA) → PE

(Deshpande & Chadha, 2018)



Piggy-back Clamp Placement



(Deshpande & Chadha, 2018)

Piggyback Technique for OLT



- Partial IVC flow maintained (25-50% in venous return)
- Portal cross clamp → 20-30% loss of preload
 - lacktriangle Less significant in cirrhotic pHTN with well-developed collaterals c/t lacktriangle MELDs
- Better for poor renal function
- Only an option for live-donor transplants

Advantages:

- ↓ need for VVB

Disadvantages:

- Space restrictions under diaphragm \rightarrow injury; \downarrow IVC flow \rightarrow thrombus
- ψ portal drainage \rightarrow congestion of intestines during PV clamping
- Mismatch in vessel sizes → converting to caval approach (13% cases)
- Piggyback syndrome: Intra-op/post-op venous outflow obstruction (1.5-8%; 40% → re-transplantation)

Anesthesia Preparation & Room Set-up

Vascular Access & Fluids

- Large bore IVs
- A line
- Double stick CVC:
 Cordis & AVA HF device to R IJ
- Swan Ganz catheter
- CCO machine
- PA/CVP transducers
- Rapid-infusion system
- Cell salvage?
- VVB/perfusionist
- CRRT with warmer
- Isotonic crystalloid (Plasmalyte) (3-4L)
- 5% Albumin (x10 bottles)

MTP preparedness:

 MELD>20: 20 RBC, 20 FFP platelet, cryo available

Equipment & Monitors

- Standard monitors
- BIS
- TEE
- Ultrasound
- Foley
- Core temp
- ICP monitor
- NGT?
- Video laryngoscope
- Multiple IV pumps
- Fluid warmers
- Bair huggers (upper, lower, underbody mat)
- ABG/ABE/iSTAT/co-oximetry
- TEG
- Defibrillator/pads
- Foam padding for PPs

Medications

- IV antibiotics (Zosyn q8)
- Steroid (solumedrol 500mg IV)
- Calcium (x10 syringes)
- Sodium Bicarb (x5-10 sticks)
- Insulin
- Dextrose
- · Lasix, mannitol
- Methylene blue
- tPA, heparin

IV drips/emergency syringes:

- Phenylephrine (100mcg & 1mg/mL syringe*)
- Norepinephrine/ (8mcg/mL)
- Epinephrine/(10/100mcg/mL)
- Vasopressin/(0.4-1U/mL)
- Dopamine/dobutamine
- Nitroglycerin/(20mcg/ml)

Miscellaneous

- rFVIIa (rescue for uncontrollable bleeding)
- Blood bank runner
- ICU RN available for CRRT?
- 2:1 anesthesia provider to patient ratio

Patient Position:

- Supine w/ L arm out R arm tucked & groin exposed for VVB Arterial line & PIV to Left
- <u>OR</u>
- Supine w/ both arms tucked

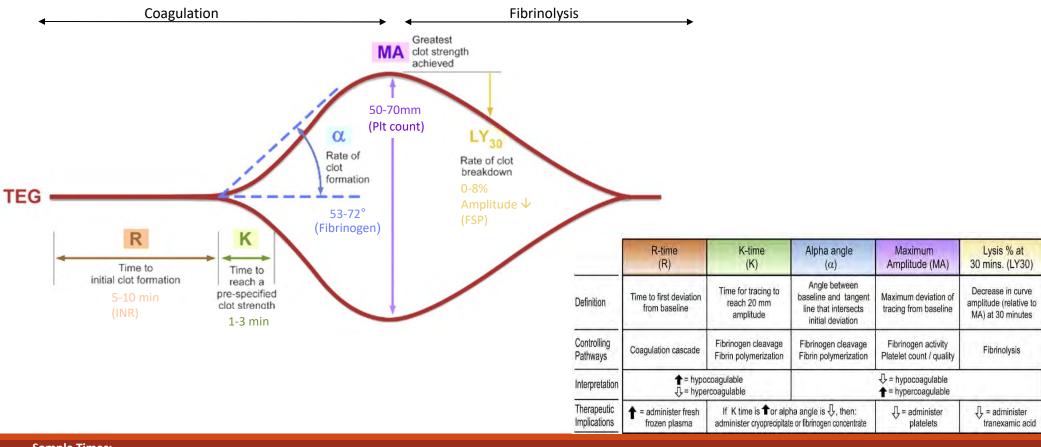
Cell Salvage with Cell Saver

- Intraoperative autotransfusion = safe & effective in OLT
- Vallogenic transfusions
- For PRBC requirement >5 units
- Malignancy = relative contraindication
- Cell salvage suction device can be used after removal of ascites → up until point of biliary anastomosis
- Blood stored in reservoir, washed & filtered → debris, WBC, clotting factors & heparin removed
- ~50% of EBL recoverable
- RBCs suspended in NS → final Hct of 50%-80%
- 200 mL of cell-salvaged RBCs = 1 unit of PRBC
- EBL calculation =

(cell saver return volume) x 3.4 (up to 4)



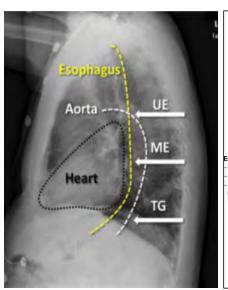
Thromboelastography (TEG)

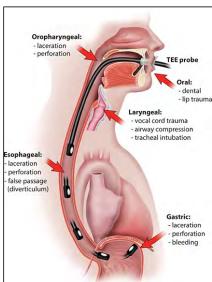


Sample Times:

■ Baseline ■ Pre-anhepatic (60min) ■ Early anhepatic (5-10min) ■ Late anhepatic (30-40min) ■ After Post-Reperfusion (15min) ■ Neohepatic (40min)

Transesophageal Echocardiography (TEE) for OLT





PROS of TEE (high benefit)

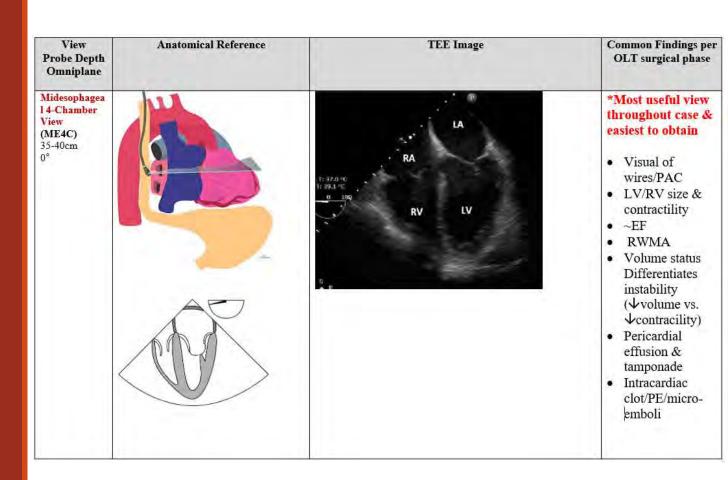
- Real-time, dynamic visualization of heart & pericardium
- Assesses volume status, contractility, wall motion
- Detects of thromboemboli & vascular wires
- Differentiates hemodynamic instability, guides treatment
- Detection of events that PAC cannot

CONS of TEE (low risk, <1%)

- Risk of bleeding & trauma/perforation
- Contraindications: large/untreated varices orrecent banding, UGIB, esophageal stricture,
- Limited # of trained providers; requires advanced knowledge & skill
- Cost & machine availability

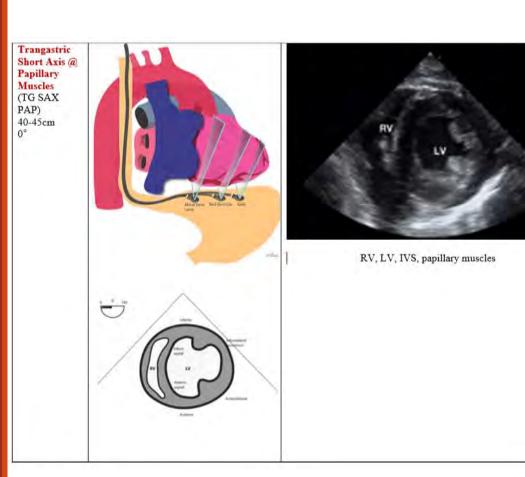
Monitoring Hemodynamics with Transesophageal Echocardiography (TEE) for OLT

- 4-5 focused views relevant to anesthesia providers
- Common causes of hypoTN during OLT diagnosed with TEE:
 - hypovolemia,
 - RV dysfunction,
 - LV dysfunction,
 - intracardiac thrombus (ICT)
 - pulmonary embolism (PE)
 - SAM/LVOTO
- TG Mid SAX view or ME 4C view ideal for monitoring ventricular function and volume status continuously during OLT



Monitoring Hemodynamics with Transesophageal Echocardiography (TEE) for OLT

- Abnormal findings very common (between 41-88%)
- Focused TEE protocols captured 92% of common TEE diagnoses in OLT identified → 94% resulted in intraoperative management changes
- greatest # of abnormal findings seen in reperfusion phase
 - Most common = RV dysfunction, thromboemboli, and biventricular dysfunction



- Differentiates instability (↓volume vs. ↓contracility)
- loss of LV preload
 → approximation
 of papillary
 muscles (↓ LV
 diameter/"kissing
 papillary sign")
- ventricular fx assessment
- RV failure = IVS bowing
- RWMA
 (all 3 coronary perfusing regions visualized

Targets for Replacement Therapy: Maintaining Hemostasis

Maintain hemostasis → optimize clot formation

- Temp > 35°C, pH >7.2, BE < -3, lactate < 2</p>
- K < 4, Ca > 1

Crystalloids

- Balanced soln, Plasmalyte (PL) preferred
- Limit use (~5L/case)

Colloids

Blood Products

- Continuous factor replacement
- Slight preference of FFP > PRBC & crystalloid
- Ratio PRBC: FFP: PL = 200:300:250mL = Hct 26–28% / coags 30–50 % norm

Transfusion Triggers

PRBC

Hgb ≥7 / Hct 26- 30%

FFP

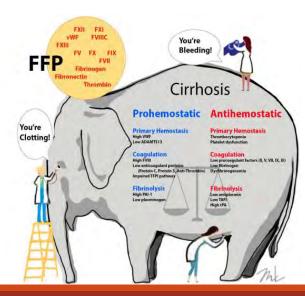
- INR < 1.5-2.0, R > 10-14'
- \rightarrow 15' \rightarrow 2 units

Platelets

< 50,000, MA <40-55mm</p>

Cryoprecipitate

• Fg < 80-100, α-angle <40-45°



Anesthesia Induction & Maintenance

Induction

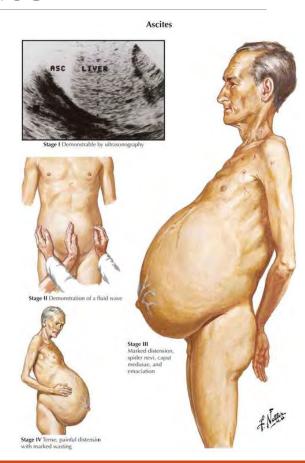
- Pre-op Aline generally not required...
- Propofol or etomidate = preferred; lower doses
- Remimazolam: rapid metabolism & stable hemodynamic profile
- Cisatracurium vs. Rocuronium

Intubation

- ↓ Lung & chest wall compliance, unable to lay supine
- ↓ FRC /↑ Risk of Hypoxia
- Full stomach/risk of aspiration
- ↑ Risk of Bleeding

Maintenance of Anesthesia

- Routine maintenance
- WAC requirements (sub-therapeutic [MAC]
- MAC & MELD have inverse relationship



Overview: Phases of OLT

1.Preanhepatic

2. Anhepatic

3. Neohepatic

Preanhepatic/Dissection phase

Cold Ischemia

- Incision to (just before) cross-clamping of hepatic artery (HA) & portal vein (PV)
- Native liver is dissected, structures identified, liver mobilized

Anhepatic phase

Warm Ischemia

- Begins with cross-clamping vascular inflow to the liver (HA, PV) (functionally anhepatic)
- Removal of native, diseased liver (patient now anhepatic)
- Re-anastomosis of transplanted liver graft

Neohepatic phase

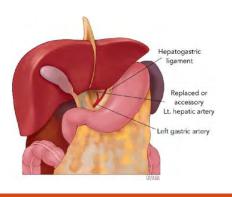
Reperfusion

- Removal of clamps & reperfusion of liver allograft
- Restoration of hemostasis & reconstruction of vessels
- Biliary anastomosis
- Abdominal closure

Pre-Anhepatic/Dissection Phase

Surgical Details

- Donor liver preserved post-procurement in cold, acidotic, hyperkalemic, anoxic solution
- B/L subcostal incisions with midline extension ("Mercedes incision")
- Ascites drainage
- Mobilization of liver & perihepatic structures
- Adhesions & collaterals → extensive surgical bleeding



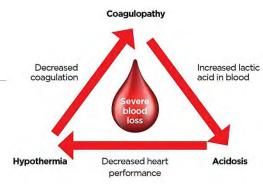


Major Anesthetic Issues

- Hemorrhage**/hypovolemia
- Coagulopathy
- Hypothermia
- Electrolyte abnormalities & acid/base disturbances
- Preparation for vascular clamping

Anesthetic Techniques

- Maintain normovolemia with careful balance of vasoactive agents to maintain perfusion & $oldsymbol{\psi}$ blood loss
- Incorporate positive inotropic agents to augment HR & ↑ CO
- Maintain normothermia
- Transfusion (possibly MTP)



Pre-anhepatic

"Low CVP"?

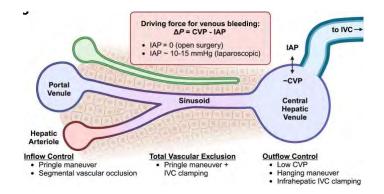
- CVP indirectly reflects hepatic venous pressure
- Low CVP = ψ resistance to venous outflow = ψ liver back bleeding
- pre-anhepatic phase CVP ≤5 recommended to ↓ blood loss
- High CVP = hypervolemia, large ascites, pleural/pericardial effusion
- Most data from non-transplant surgery, controversial in OLT due to \(\bullet\)
 vulnerability to renal failure in ESLD
- Lack of evidence to show benefits outweigh risks in OLT

Advantages

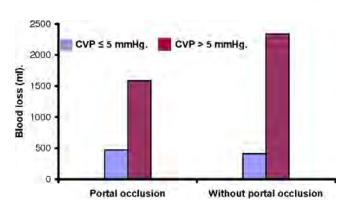
- ↓ blood loss
- ↓ transfusion volume
- transfusion related acute lung injury

Disadvantages

- ↑ risk of hypotension, tissue hypoperfusion & lactic acidosis; ↑ vasopressor requirements
- ↑ risk of AKI, renal failure/post-op dialysis
- ↑ risk entrainment of air emboli
- ↑risk of M&M



(Marcus, et al., 2024)

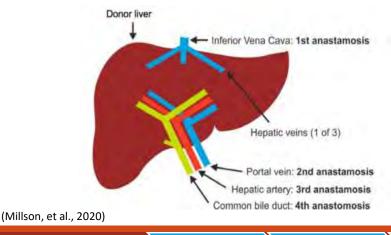


(Eid, et al., 2005)

Anhepatic Phase

Surgical Details

- Recipient liver removed from field
- Donor liver flushed with 1-2L cold albumin before insertion
- Caval & portal anastomoses completed
 - Caval = suprahepatic IVC, infrahepatic IVC, portal vein
 - Piggyback = suprahepatic, portal vein
- Surgeon back bleed ~300-500mL flush preservatives & air
- Surgeons give 10-minute reperfusion warning



Major Anesthetic Issues

- Relative hypo/normovolemia
- Bleeding

Anesthetic Management

- Administer immunosuppression at clamping
- Minimal volume resuscitation to avoid gross hypervolemia & graft congestion upon reperfusion
- Avoid platelet/cryo infusions, NO antifibrinolytics/protamine during anastomoses
- Maintain normothermia

PREPARE FOR REPERFUSION

 Proactive augmentation of hemodynamics, electrolytes and pH to sustain massive drop during immediate reperfusion period

IVC anastomoses

Portal Vein

Reperfusion of PV

Hepatic Artery

Reperfusion of HA

Bile duct

Anhepatic Phase



ANTICPATE reperfusion related effects

- Organ preservation fluid washed out of graft → systemic circulation
- U. of Wisconsin Soln. = high K+ load (120mEql/L)
- Cold, ischemic, acidotic blood with high-potassium load returning with possible air, clots → heart very suddenly upon clamp release. You should expect:
- Hyperkalemia → arrest
- Bradycardia, AV blocks (5%) → asystole (30%)
- Severe hypotension, acidosis &
 √ vasopressor sensitivity
- Acute right sided heart failure, pulm edema
- Emboli (air, clots) → intracardiac or PE

PREPARE for reperfusion

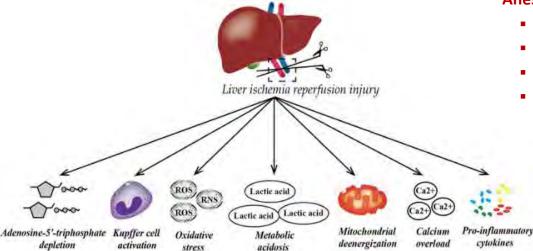
- ◆ ABP / ↑ HR (SBP ~150-160, HR ~100)
- Augment to tolerate acute 30%

 in BP & HR, prioritize inotropes
- Start epinephrine gtt 10-15' prior to reperfusion (2-5mcg/min)
- VK+ to <3.5mEq/L: Hyperventilation, insulin/glucose, CA++, albuterol, double wash blood products
- Ca⁺⁺: 1-2g to stabilize membrane
- ◆pH (BE to 0): bicarb gtt/THAM
- FiO2 100%, volatile gas decreased

Neohepatic Phase: Portal Reperfusion

Surgical Details

- Prior to reperfusion, IVC unclamped, restoring preload to heart
- Vascular unclamping releases obstructed BF from portal circulation
- 1st clamp released = Portal Vein = "Portal Reperfusion", or simply "Reperfusion"



Major Anesthetic Issues

- 0-5min after unclamping = most critical, severe instability
- Cold, metabolic & vasodilatory inflammatory byproducts → RA & PA
- Profound \lor contractility, HR & SVR $\to \lor$ RV preload, \lor R coronary perfusion
- Acidosis/hypercarbia/hypothermia/hypoxia → PA vasoconstriction → Right HF
- Post-Reperfusion Syndrome (PRS) & Ischemia Reperfusion Injury (IR)

Anesthetic Management

- Tx with inotropic boluses (epi 10-100mcg), calcium, bicarb
- Cardiac pacing, defibrillation, cardiac massage
- Refractory vasoplegia → methylene blue (2mg/kg)
- Monitor TEE for evidence of emboli TEE → heparin 3000-5000 unit to prevent clot expansion, PE → low dose tPa 0.5-4mg

(Mao, et al, 2022)

Incidence

~25-30%, >40% for acute hepatic failure

PRS correlated with

- ↑ in-hospital mortality
- \downarrow survival rates at 15 days, 3, 6, 12 months
- ↑ post-op AKI, early allograft dysfunction,

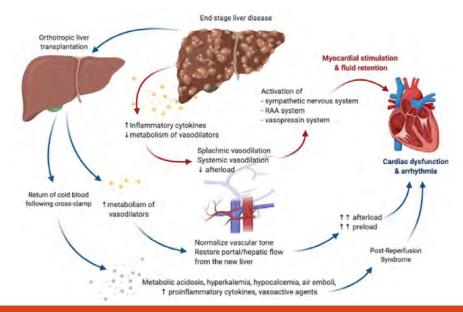
PRS Risk Factors

- Advanced age (donor & recip. age >55-60)
- DCD grafts
- ↑ cold ischemic time*
 w/o hypothermic mechanical perfusion
- ↑ MELD, creatinine
- Hyponatremia (< 130 mmol/l), Hyperkalemia, Hypothermia
- Renal failure
- Left ventricular diastolic dysfunction
- Conventional technique vs piggyback
- Volume of transfused blood components
- Increased calcium requirement during surgery
- reperfusion without flushing vena cava

Post-Reperfusion Syndrome

Sustained

 MAP greater than 30% below the baseline value >1 min during first 5 minutes after reperfusion (usually resolves in <15 min)



Rhee, et al. 2022

Neohepatic Phase: Post-reperfusion

Surgical Details

- hepatic artery reconstruction/anastomosis to optimize oxygenated BF to new graft
- 2nd vascular clamped released = Hepatic Artery → "Hepatic Reperfusion"
- Surgical hemostasis obtained
- If unstable/bowel swelling → delay bile duct & closure
- If patient stable & hemostasis achieved → cholecystectomy & bile duct anastomosis
- Bile production = strong indication of graft function

Major Anesthetic Issues

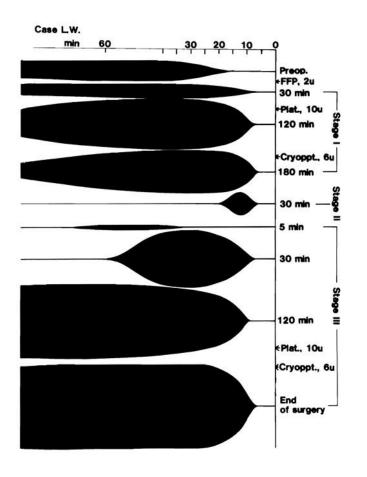
- Coagulopathy/Bleeding
- Less profound hemodynamic shifts
- Hypervolemia
- Extubation/"Fast Track"?

Anesthetic Management

- Lab/TEG & evidence of bleeding guides blood transfusion
- Caution with platelets/cryo; avoid hypercoagulable states
- PAP > 30 mmHg & CVP > 15 mmHg → HOB elevated, diuresis and/or nitro
- Carefully place OGT to decompress for closure
- Vasopressor/inotropic support
- Communicate inability to wean vasopressors (possible graft dysfunction)

Intracardiac Thrombus at Reperfusion



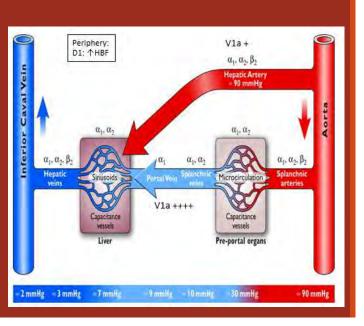


Coagulopathies by Stage

Stage	Coagulation abnormalities increasing bleeding	Other risk factors for bleeding	TEG
Dissection	Thrombocytopaenia Platelet function defects Increased nitric oxide and prostacyclin Low levels of factors II, V, VII, IX, X, XI Vitamin K deficiency Low levels of alpha 2 anti- plasmin, factor XIII, thrombin activatable fibrinolysis inhibitor Elevated t-PA Dysfibrinogenaemia	Surgical technical difficulty Portal hypertension Oesophago-gastric venous distension secondary to compression and vascular clamping	Prolonged R time Decreased alpha- angle Reduced MA
Anhepatic	Reduced coagulation factor synthesis Reduced clearance of t-PA	Duration greater than 45 min	Increased lysis
Reperfusion	"Heparin like effect" Platelet entrapment in sinusoids of donor liver Reduction of all coagulation factors Decreased PAI-1 Decreased antifibrinolytic factors Hyper- fibrinolysis	Acidosis Hypothermia	Virtually "flat" native trace with prolonged R time and significantly reduced MA Heparinase trace required Lysis
Post reperfusion	Accelerated t-PA release Thrombocytopaenia (balanced by increased activation)	Delayed graft function	MA reduced

(Kang, et al., 1985). (Clevenger & Mallet, 2014)

Maintaining Hemodynamic Stability with Vasoactive Agents



Phenylephrine (pure α-agonist)

- ↑SVR, ↓CO/CI, ↑ CVP, ↓Portal BF
 - bleeding during dissection phase; must correct hypovolemia
 - ↑ afterload may unmask cardiomyopathy (do not use for SVR>1200dynesxs/cm5)
 - Pretreatment bolus prior to reperfusion to

 ✓ PRS at reperfusion

Norepinephrine ($\alpha 1 > \beta 1$)

- Vasoconstricts sinusoids → ↓ hepatic BF/volume, ↑portal HTN; ↑SVR, ↑CO/CI
- ↑ doses → severe peripheral vasospasm → lactic acidosis

Epinephrine ($\alpha 1 > \beta 1 > \beta 2$, dose dependent)

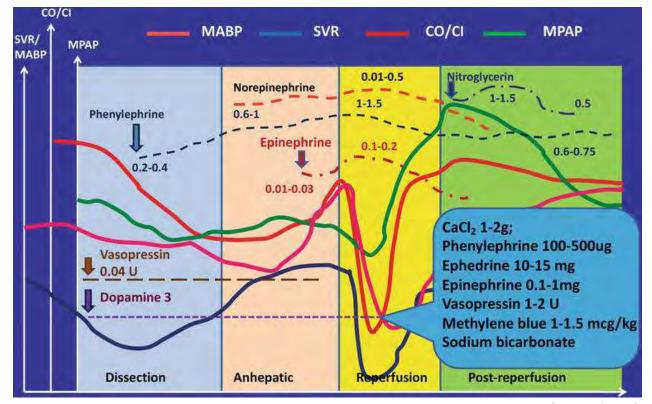
- ↑CO/CI, ↓SVR (@ lower doses), vasoconstricts sinusoids → ↓ hepatic BF/volume, ↑portal HTN
- Dysthymias; $\sqrt{\text{liver/kidney perfusion}} \rightarrow \text{lactic acidosis}$; dose dependent $\sqrt{\text{hepatic circulation}}$

Vasopressin (V1a)

- ↑SVR, ↑CO/CI, ↓MPAP, ↓ CVP, ↓ PP/portal BF, ↓HBF, ↑ renal fx/diuresis, ↑VWBF, 0 lactic acidosis,
 ↑platelet aggregation (thrombotic risk?)
- ESLD have endogenous vasopressin deficiency & reacting very briskly & dramatically
- Norepinephrine sparing effect with simultaneous infusions
- Selectively constricts splanchnic vessels
- **V** blood loss (dissection & anhepatic phases); may impair portal blood flow to allograft post-reperfusion (neohepatic phase: keep <5 unit/hr and titrate to low dose < 3unit/hr)

Dopamine (β 1 > D1 > α 1 @ <5mcg/kg/min)

- Low/mod (3mcg/kg/min) → ↑renal BF/GFR, ↑HR, ↑CO/CI
- Risk of tachycardia & dysrhythmias



(Vitin, et al, 2017)

Maintaining Hemodynamic Stability with Vasoactive Agents

Pre-Anhepatic phase

Goals:

- $\sqrt{\frac{1}{2}}$ portal BF to $\sqrt{\frac{1}{2}}$ bleeding = vaso and/or neo gtt
- ψ portal BF & \uparrow CO early low dose levo (w/ β 1 stim)
- \uparrow renal BF, \uparrow CO = dopamine (renal dose)

Anhepatic phase

Goals: augment BP/HR by 30% to

- ↑ ↑ CO /start to ↑ HR= add epi; titrate ↑↑ prior to reperfusion for more inotropy & chronotropy
- ↑ SVR/CO: levo, titrate ↑ prior to reperfusion
- ◆ SVR/CO: can titrate vaso, stay < 5 unit/hr

Pre-emptive boluses before reperfusion

- CaCl 1-2g: membrane stabilization
- Bicarb 1-2 amps
- Epi 0.1-0.5mg
- Phenylephrine 100-500mcg: ↓ incidence/severity of PRS

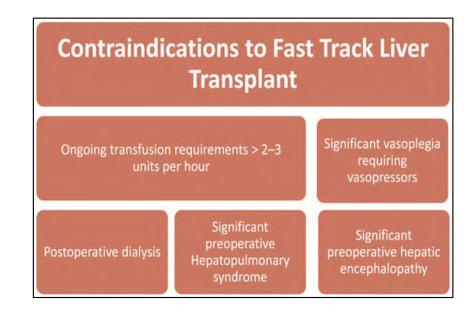
Neohepatic

Goals:

- ↑ Portal/hepatic artery BF for graft perfusion; ↑ hepatic vein BF for venous drainage: titrate pressors (epi → dopa → vaso/ levo)
- \forall graft congestion \rightarrow \forall CVP/MPAP: nitro gtt, diuresis

"Fast Track" Extubation

- No universally adopted standard
- Communicate with surgical team
- Consider
 - Age, BMI, MELD, graft status
 - Duration of the surgery
 - Amount of blood transfused
 - current vasopressors
- Benefits:
 - ↑ early graft function
 - **V** ICU length of stay
 - ↓ nosocomial infections
 - **V** costs





Give thanks. Give life.

Conclusion

- Anesthesia for liver transplants is complex, challenging, dynamic & rewarding
- Complexities best managed by dedicated anesthetic team
- Effective communication with patients, surgeons, multidisciplinary team is paramount
- Continued research, advanced training, clinical experience, & collaboration key in improving patient survival in OR and long-term
- Consider becoming an organ donor!



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